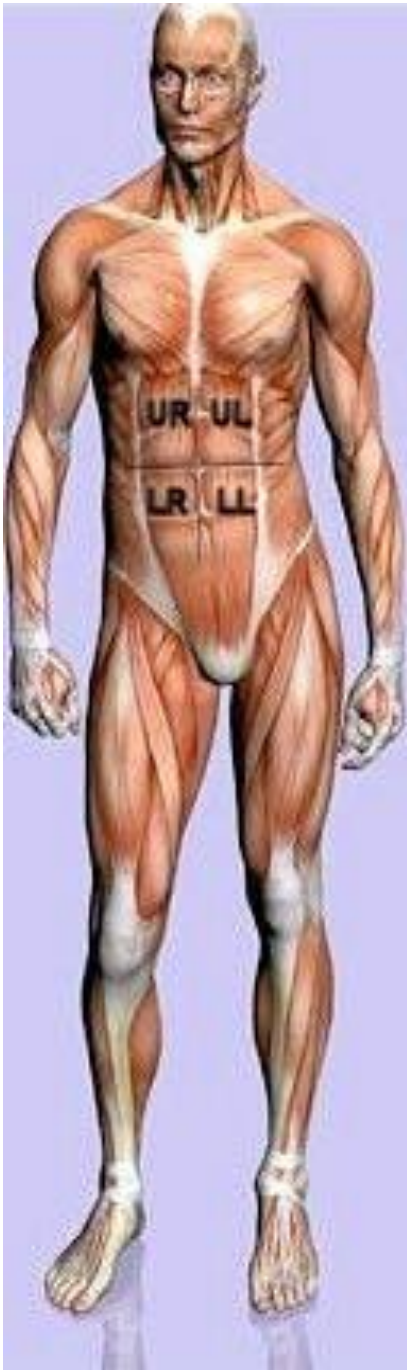


# Head to Toe Assessment



**Check everything for bruising, swelling, pain, symmetry, blood – DCAP-BTLS**

**Level of Consciousness AVPU**

**Determine Mechanism Of Injury**

## **Head**

Pupils equal & reactive

Jaw opens & closes

## **Neck**

Trachea midline

## **Shoulders / Clavicle**

## **Chest**

Sternum, ribs and muscles

## **Abdomen**

4 Quadrants from navel Tightness

## **Arms**

Motion

## **Hands**

Motion, strength, warmth **CMTS**

## **Pelvis**

Push down, push in on hips

## **Legs**

Motion

## **Feet / Ankles**

Motion, warmth **CMTS**

## **Back**

Spine

**Specify Victim's Left or Right Side**

## **Assessment Mnemonics**

### **HISTORY**

**S**igns and Symptoms

**A**llergies

**M**edications

**P**ast Medical History

**L**ast Oral Intake

**E**vents leading to incident

### **CONSCIOUSNESS**

**A**lert

**V**erbal

**P**ainful

**U**nresponsive

### **CHECK**

**C**olor/Circulation

**M**otion

**T**emperature

**S**ensation

### **PAIN**

**O**nset

**P**rovoke

**Q**uality

**R**egion / Radiate

**S**everity

**T**ime