

Bug Out Bag Contents

Everyday Carry (EDC) items are not in your BOB but carry on your person everyday:

- Cell phone
- Mini LED light
- ID
- Pocket knife
- Pen
- Cash

This is a sample list for an urban resident. Everyone's BOB will be slightly different.

- Nylon bag
- Weather appropriate clothing (it may get cold at night even in the summer)
 - Pants
 - Shirt
 - Jacket
 - Underwear
 - Shoes / socks
 - Gloves, scarf, hat, etc.
- Special concerns for children, elderly, pets, special needs people
- Enough medicine to last an extended evacuation period.
- A first aid kit including medicine for indigestion, nausea, and diarrhea
- Extra eyeglasses, sunglasses and hearing aid batteries
- Positive identification, such as driver's license, state I.D. card, plus any medical ID cards. Those with allergies should have a MedicAlert or similar ID.
- Duplicate keys for everything
- Cash (plenty of small bills, \$1, \$5, \$20) and change. Enough for at least 3 tanks of gas.
- A disaster plan including location of family rallying points, evacuation routes, etc.
- Paper maps and travel information
- Thumb-drive or cloud storage containing images for all family members of:
 - Birth Certificate
 - Passport
 - Home title and mortgage papers
 - Medical records including pets
 - Wills
 - Contact list
 - Lists of investments, banks and credit cards with account #'s, phone #'s, etc.
- Battery or crank-operated radio w/extra batteries, AM/FM, FRS/GMRS, HAM
- Emergency foil blankets
- Leather gloves
- Lighting (battery or crank operated LED flashlight, glow sticks)
- Fixed-blade or folding knife
- Multi-tool, like a Leatherman
- Duct tape
- Rope or 550 paracord
- Emergency whistle
- Water purification tablets
- Toilet paper (part roll)
- Zip-lock bags – gallon size for sanitation
- Notebook and pen (Fisher Space Pen recommended)
- Water – small bottles for 3 days
- Food – energy bars or similar, nuts, juice, etc.