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CERT Backpack




The CERT Backpack is supplied to you by the CERT program for your use while an active member of Lamorinda CERT.




It is meant to contain those items that you would need during a disaster response.



While some items are supplied, you need to personalize it with items that you will acquire to fit your needs.



It is not a personal items Bug Out Bag.




Keep your bag where it is easy to reach when you need it. Garage, hall closet, etc.

Visual CERT.1

Lamorinda CERT


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CERT Backpack



Some of the contents will be supplied with the bag. These items include:

- Helmet with chin strap
- CERT Vest
- Goggles
- Whistle
- Field Operating Guide (FOG)
- Rapid Needs Assessment (RNA) forms



A word of advice: "The value of practice and drills is not only to hone and test your skills, but also to test your personal protection equipment (PPE) to see what works best for you. I remember the first time I tried to extinguish a fire with the gloves I had in my pack. They were too thick, and I could not operate the extinguisher properly. Another time I discovered that my goggles fogged up and I could not see.

"Please don't wait until you are in a real-life emergency to discover that your PPE will not protect you. Test them out in various circumstances and upgrade to the best quality you can afford. Make sure to get the proper fit. LAFD says, "Train as if your life depended on it, because it does."

Visual CERT.2

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