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Special Abilities Go-Bag

A Special Abilities Go-Bag should be prepared to meet the needs of anyone with Autism Spectrum Disorder.

Each bag needs to be prepared for a single patient's needs and has to cover at least a 72 hour timeframe.

Have a bag with the patient at all times, at home, in the car, at school, etc.

Visual SAGB.1 Lamorinda CERT

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Special Abilities Go-Bag

You never know when the bag will be needed or for how long. If you plan for at least 72 hours, you can stretch it to longer or, at least, you will have time to procure additional supplies.

Some items, like a weighted blanket, may be kept in a car but not in the bag so the bag is kept reasonable in size and weight.

Visual SAGB.2 Lamorinda CERT

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