Lamorinda CERT Class Timing – CERT evening class series

Night 1

Paperwork – get signed and returned	18:30 – 18:45	15 minutes
Intro	18:45 – 19:30	45 minutes
Preparedness	19:40 – 21:30	110 minutes

Night 2

Bags – Every Day Carry	18:35 – 18:45	10 minutes
ICS	18:45 – 19:45	60 minutes
Comms	19:55 – 20:45	50 minutes
Comms Drill	20:50 – 21:10	20 minutes

Night 3

FireWise	18:30 – 18:35	5 minutes
Bags – Bug Out Bag	18:40 – 18:50	10 minutes
UHF – Utilities, HazMat, Fire Safety	18:55 – 20:45	50 minutes
BullEx Drill	20:50 – 21:30	40 minutes
ID Photos		

Night 4

Bags – Medical Kit	18:35 – 18:45	10 minutes
Disaster Medical Operations I Triage	18:45 – 20:20	95 minutes
Drill	20:30 – 21:30	60 minutes

Night 5

Bags – CERT backpack	18:35 – 18:45	10 minutes
DMO II Treatment	18:45 – 20:35	110 minutes
Drill	20:40 – 21:10	30 minutes
Distribute Backpacks	21:10 – 21:30	20 minutes

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Night 6

Bags – Light Search & Rescue	18:35 – 18:45	10 minutes
LS&R	18:45 – 20:25	100 minutes
Drill (15-5-15-5-15) – 3 rotations	20:35 – 21:30	55 minutes
Inside, Outside, Transport rotation		

Night 7

Unaccompanied Minors	18:35 – 18:45	10 minutes
Cribbing	18:45 – 19:15	30 minutes
Pets	19:20 – 19:45	25 minutes
RNA	19:50 – 20:00	10 minutes
Mini-Drill – 3 rotations	20:05 – 21:35	90 minutes
(Triage, HTT, Splint), (Comms), (ICS quiz, bldg. marking)		
20:05 – 20:35		
20:35 – 21:05		
21:05 – 21:35		

Night 8

Final Exercise @ ConFire 20	18:10 – 21:30	200 minutes

Night 9

Terrorism	18:35 – 19:20	45 minutes
Disaster Psychology	19:25 – 20:15	50 minutes
Psychological First Aid	20:15 – 20:55	40 minutes
Hotwash	21:00 – 21:15	15 minutes
Graduation	21:15 – 21:30	15 minutes